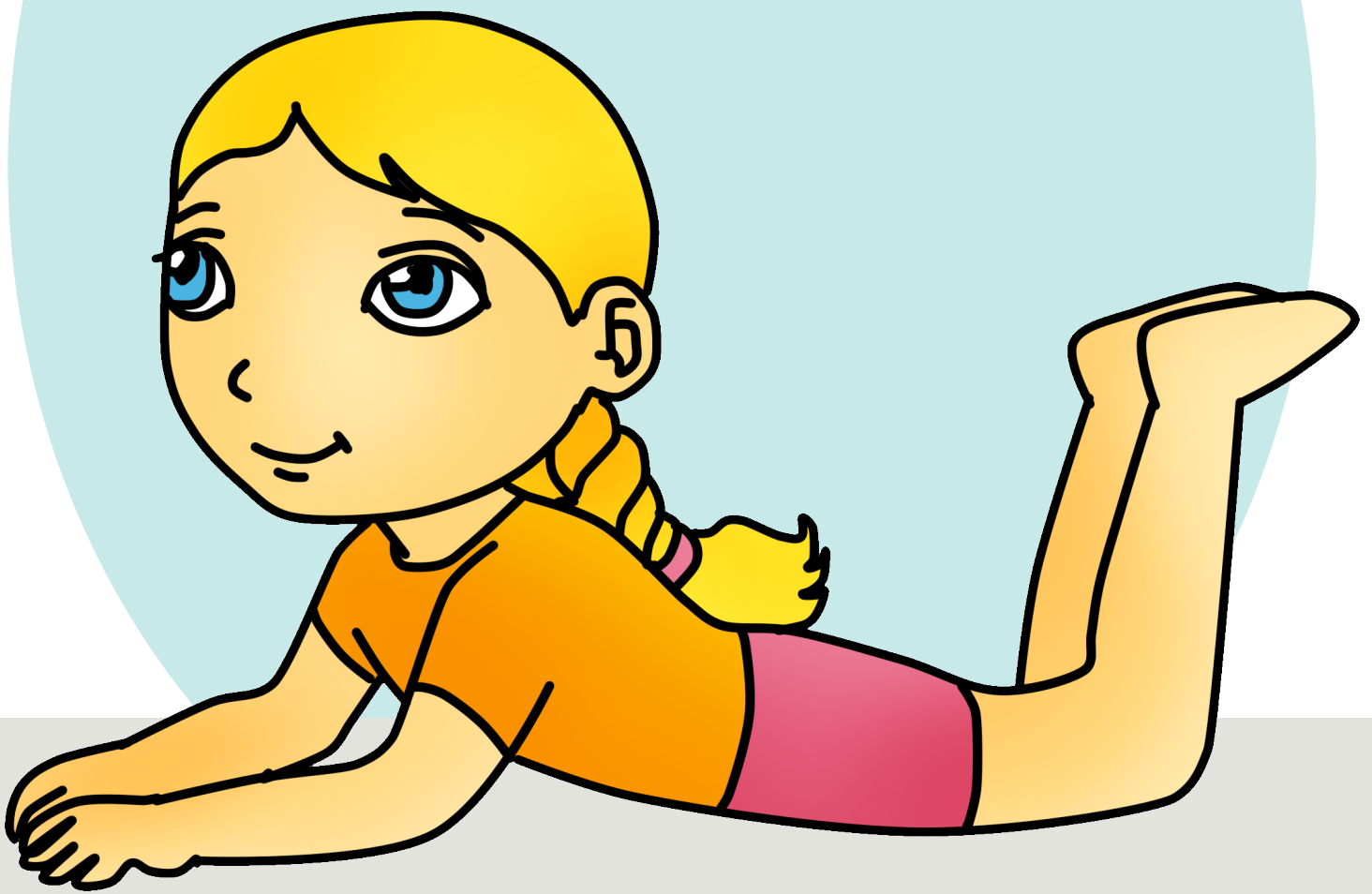


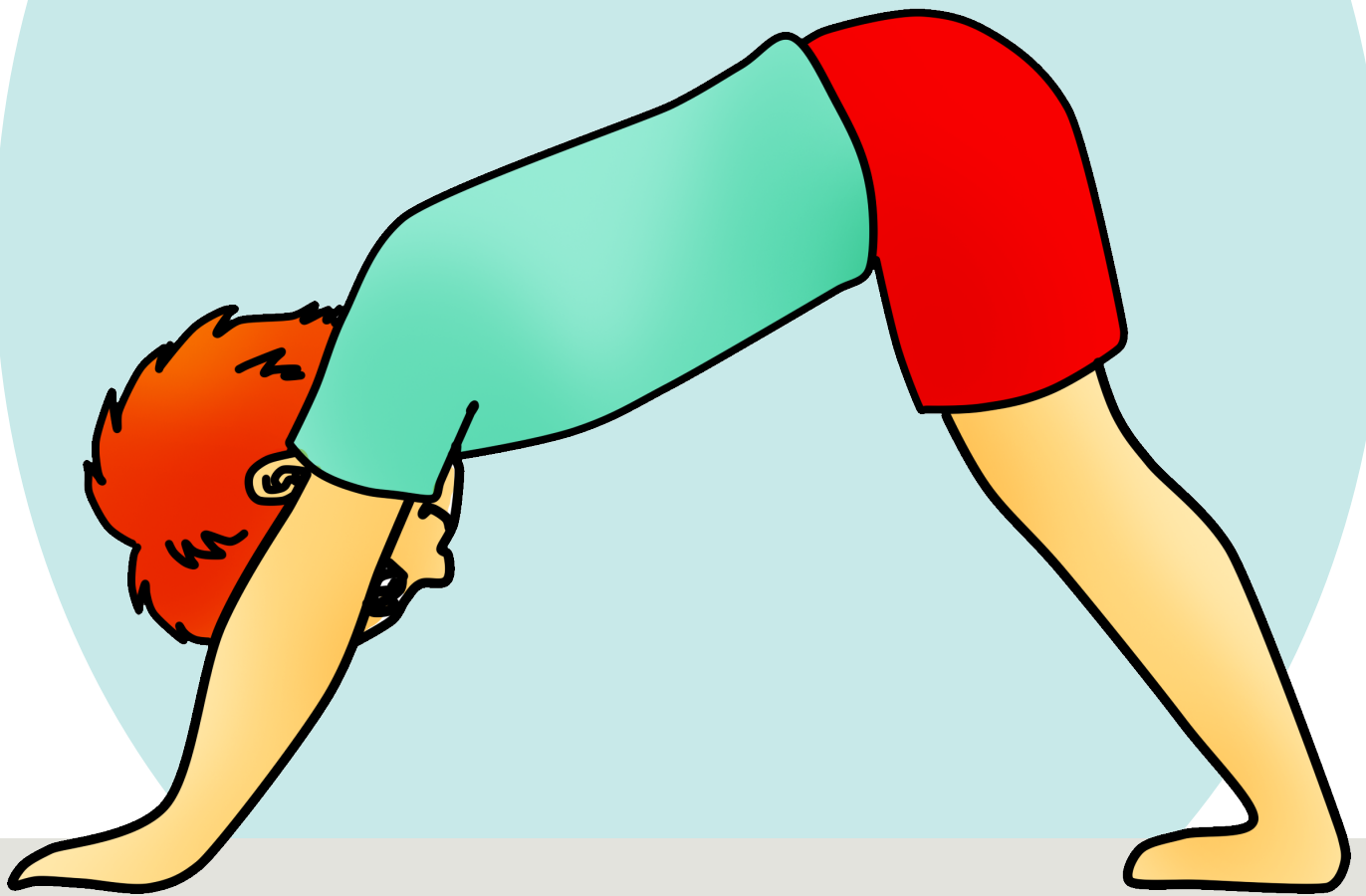
boat pose



camel pose



cobra pose



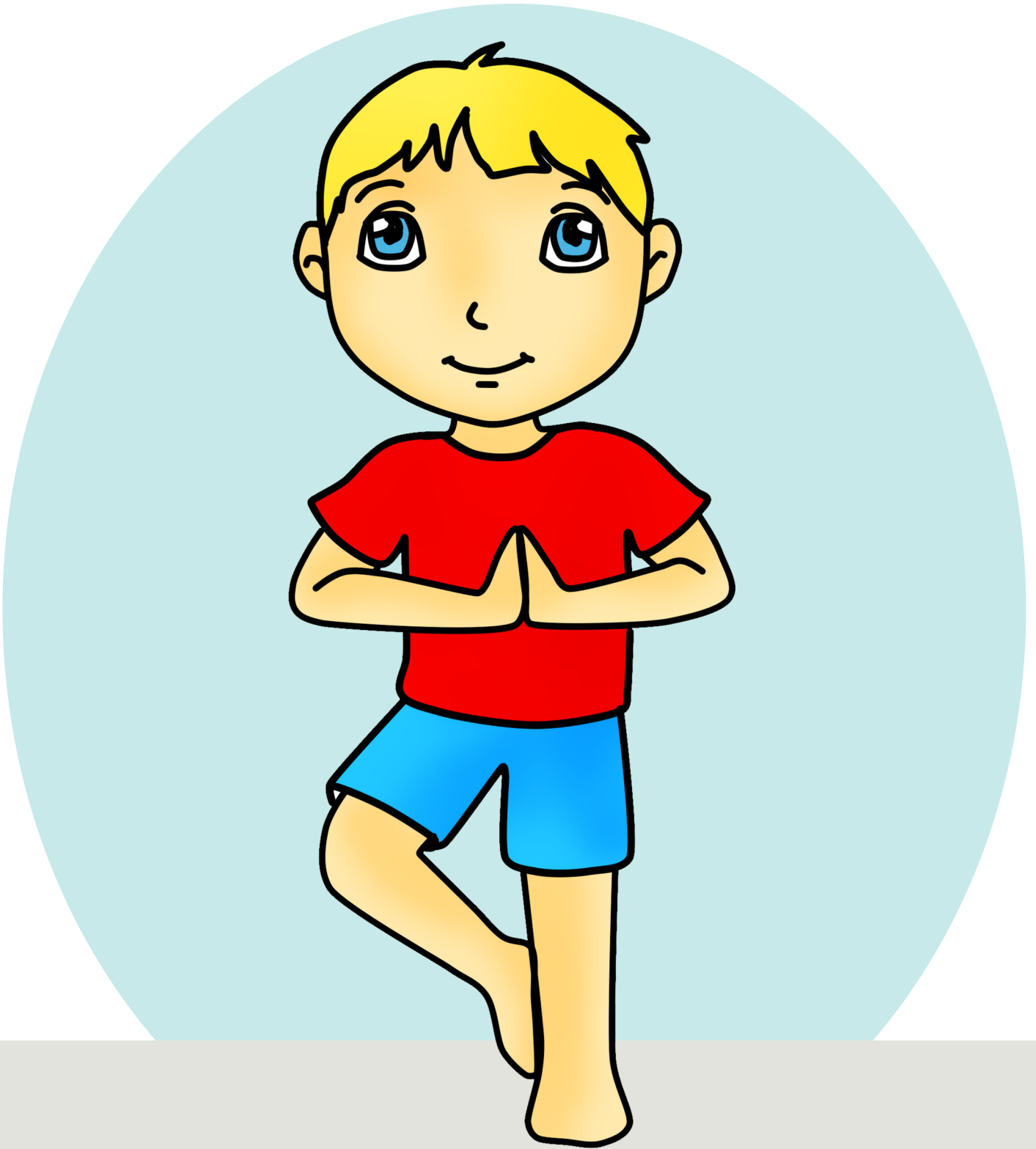
downward dog



# mermaid pose



# pillow pose



tree pose



triangle pose





easy pose