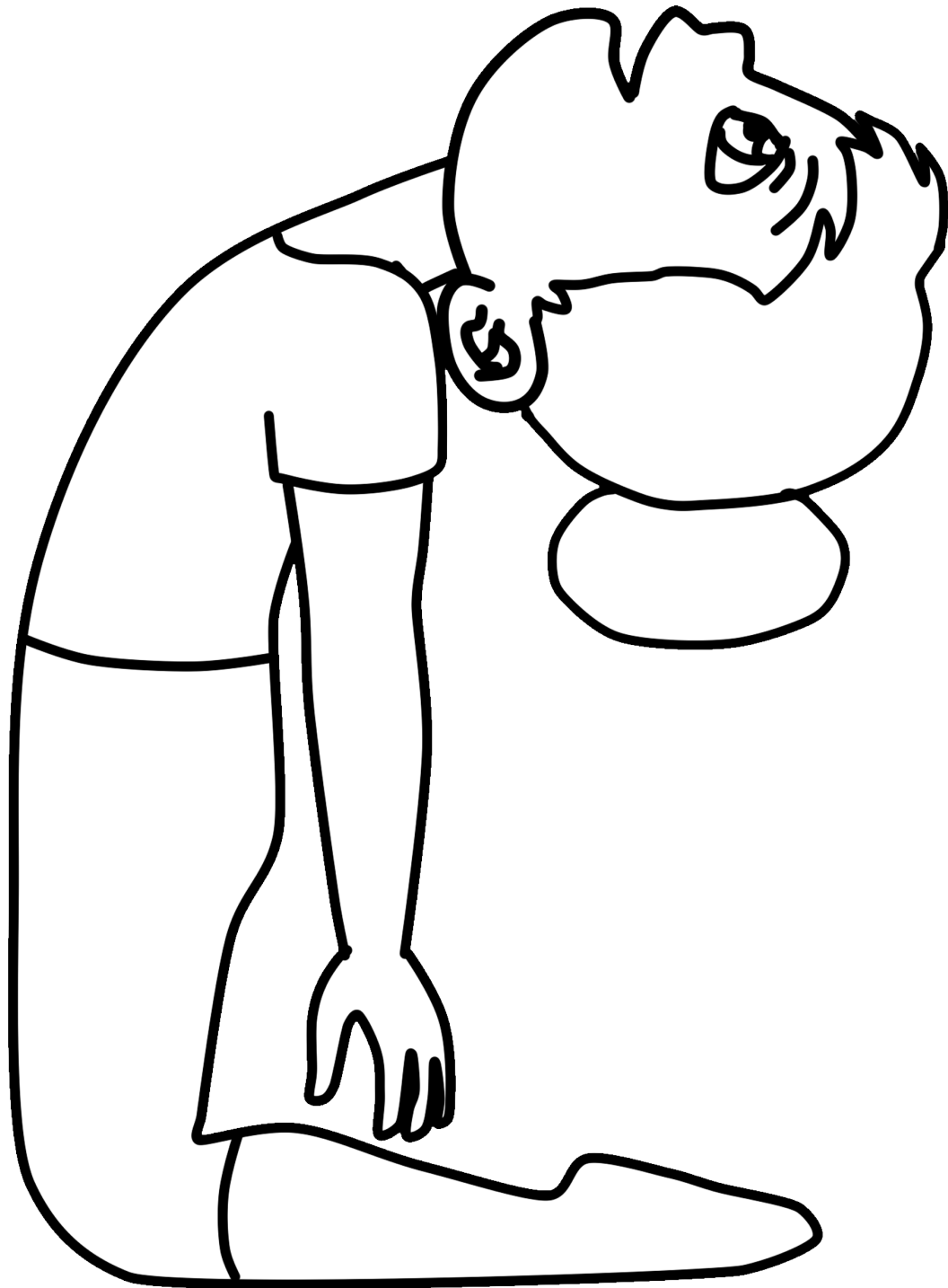
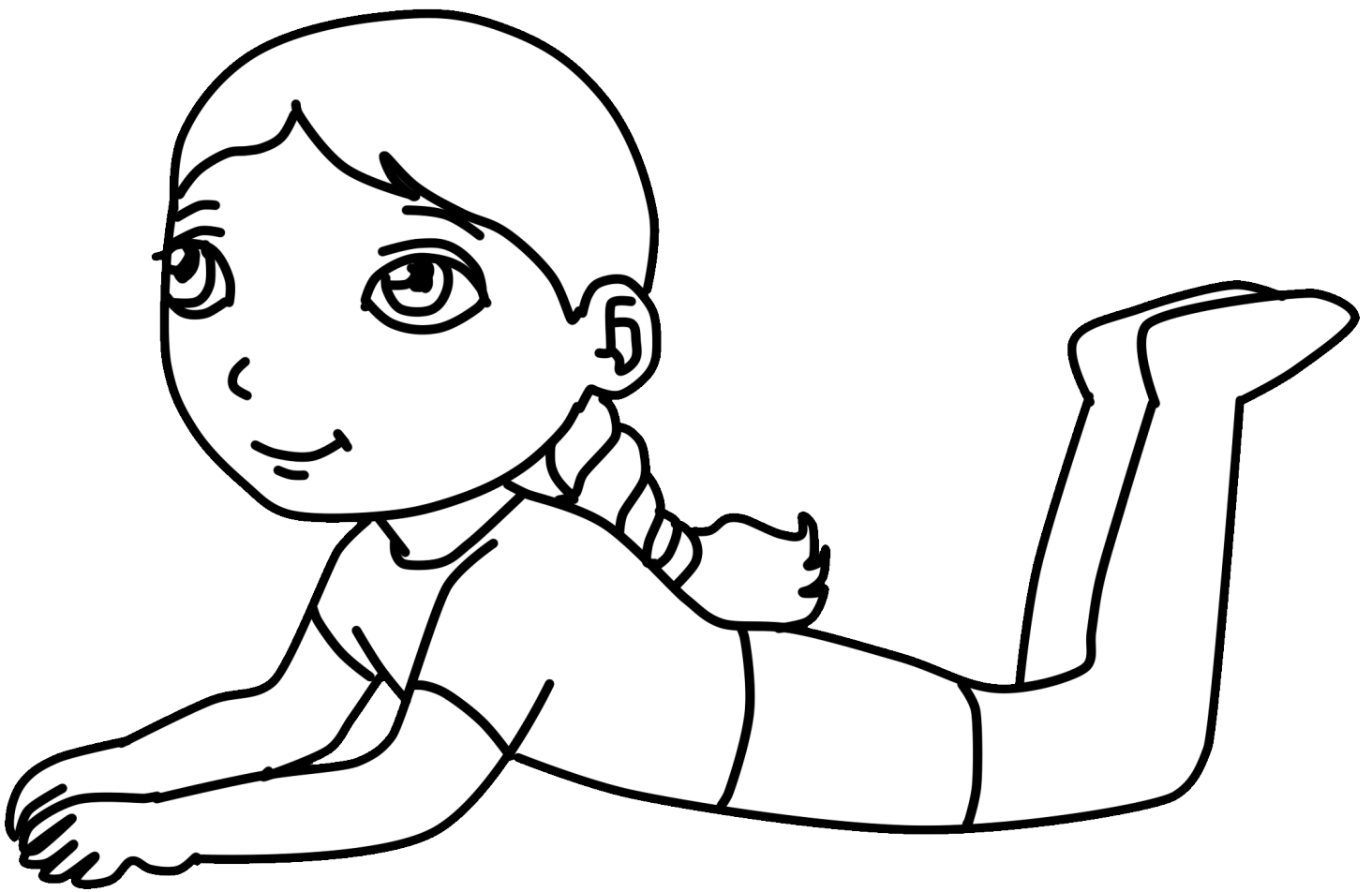


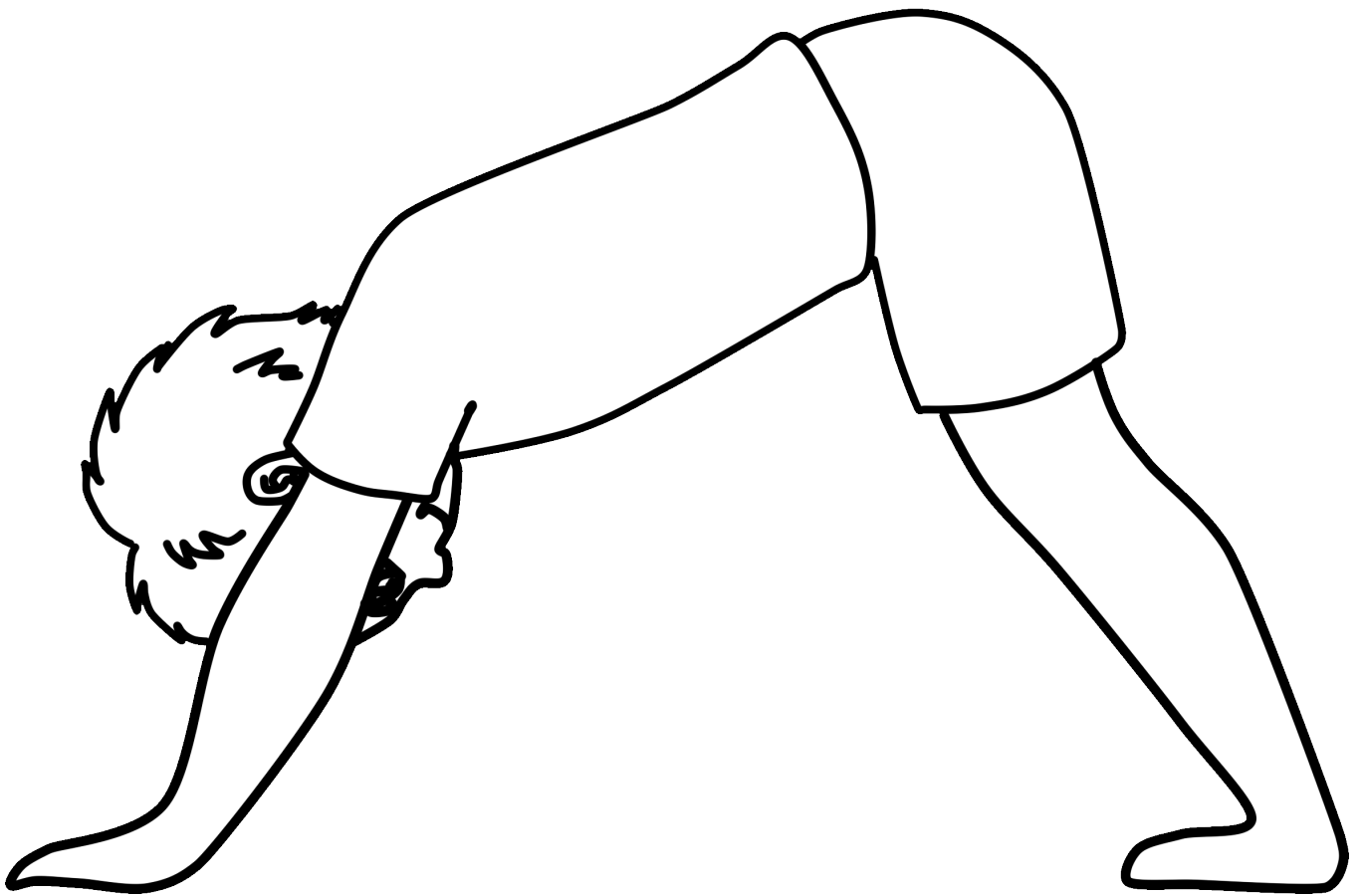
boat pose



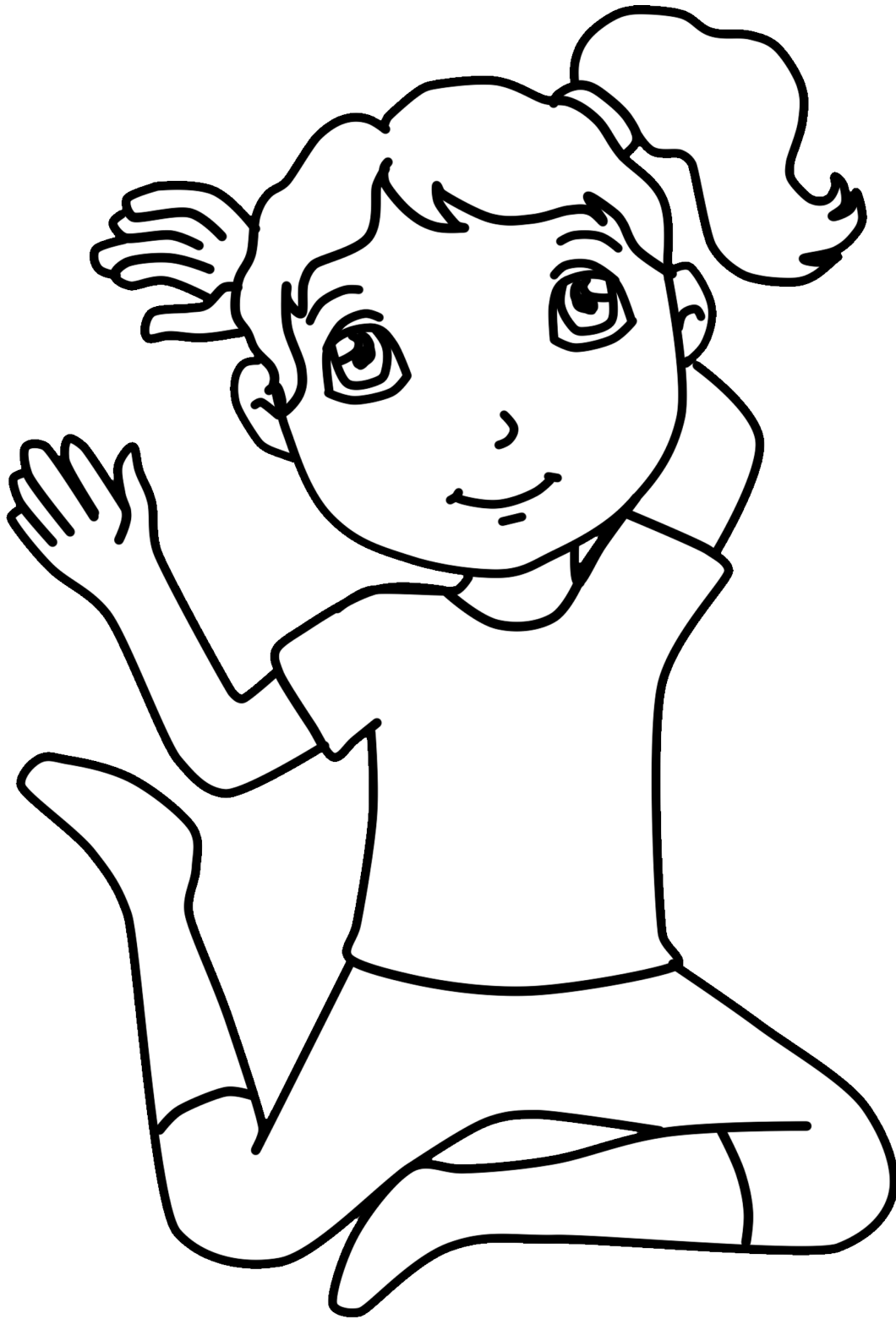
camel pose



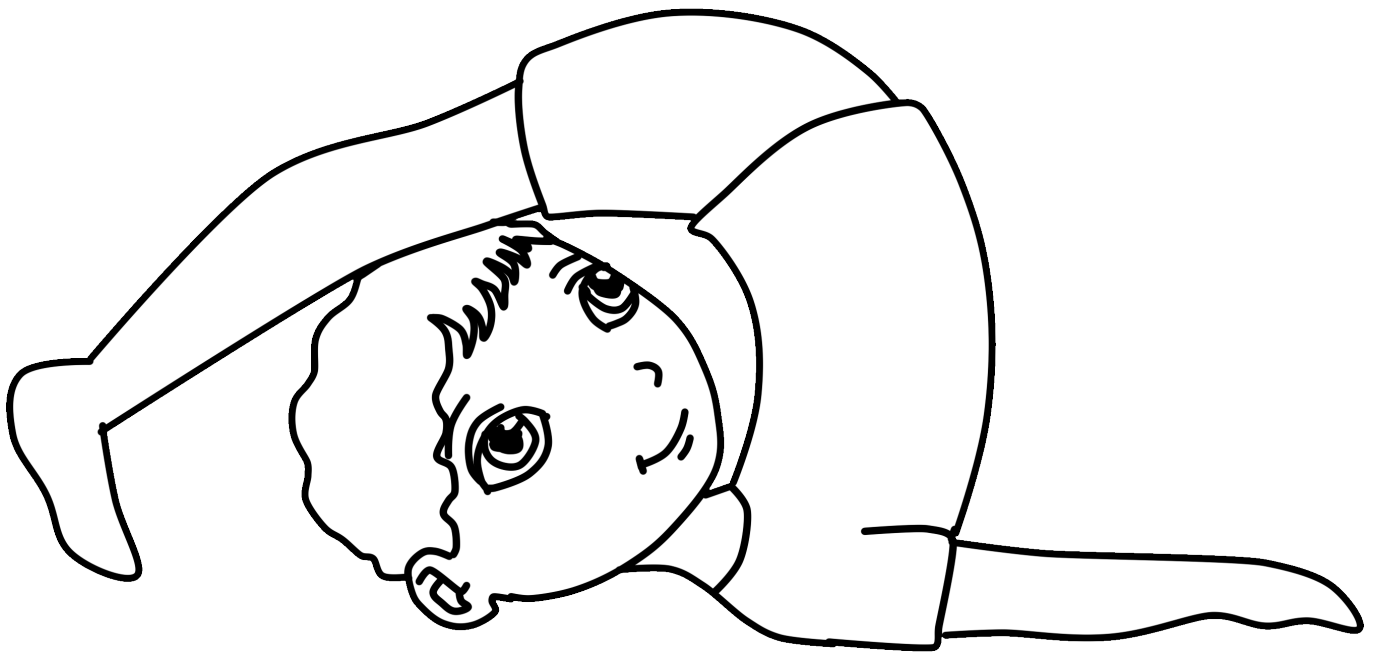
cobra pose



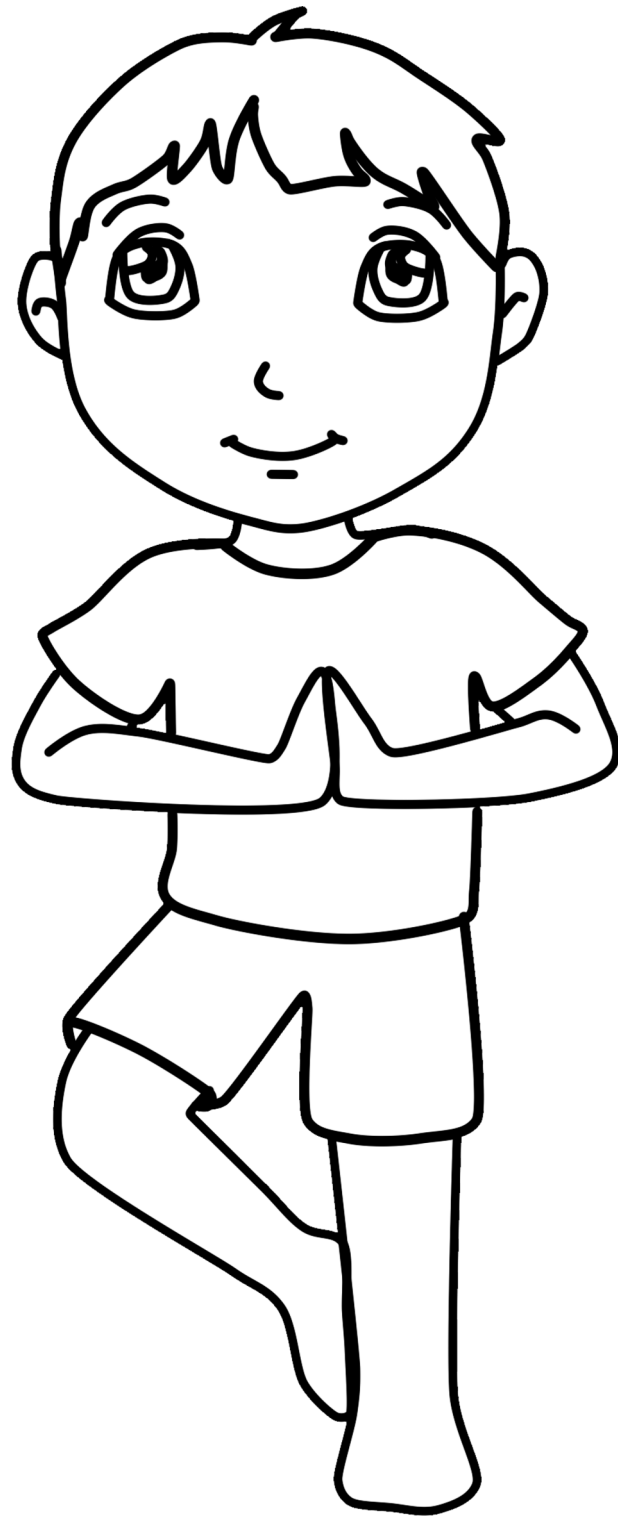
downward dog



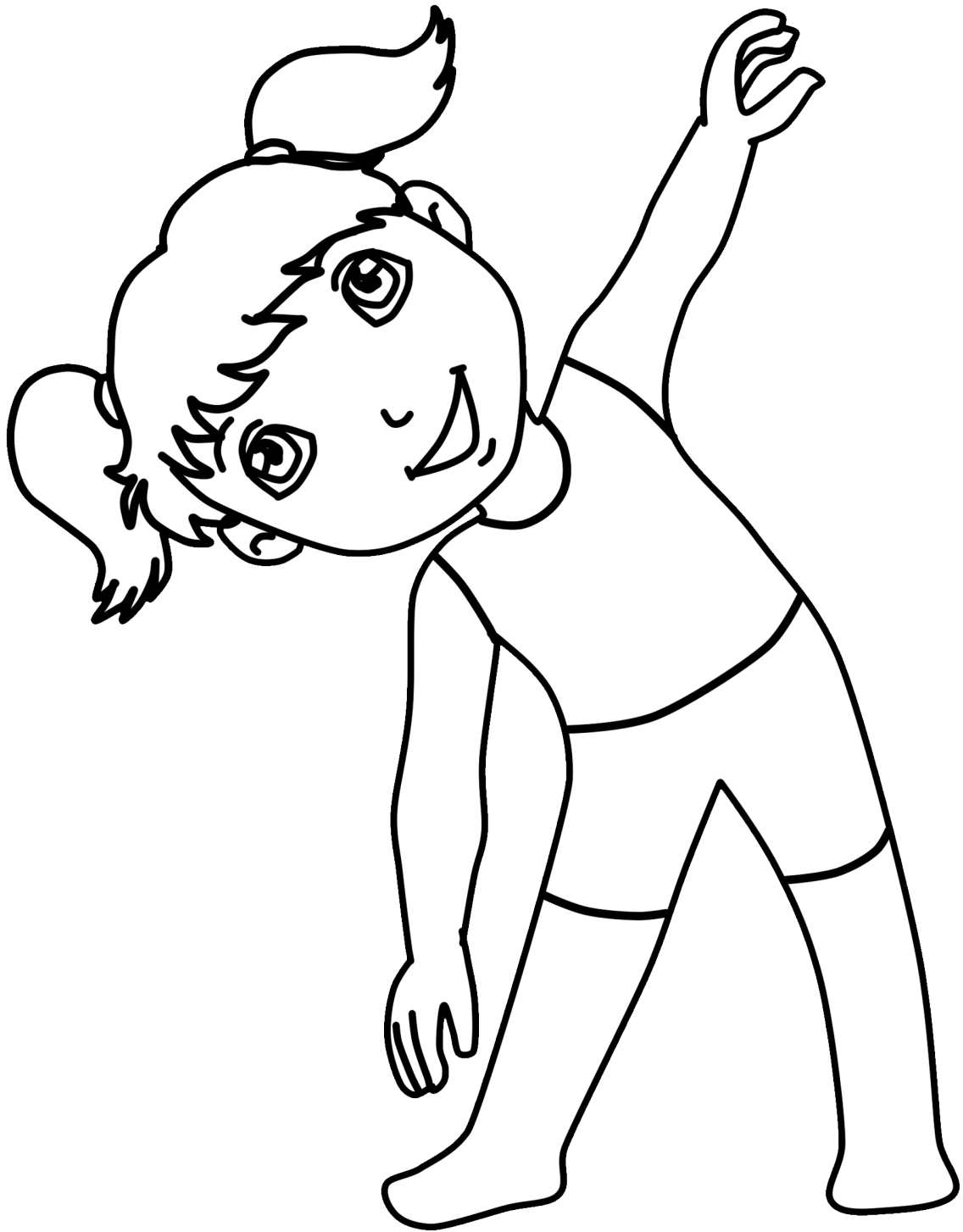
mermaid pose



# pillow pose



tree pose



triangle pose





easy pose