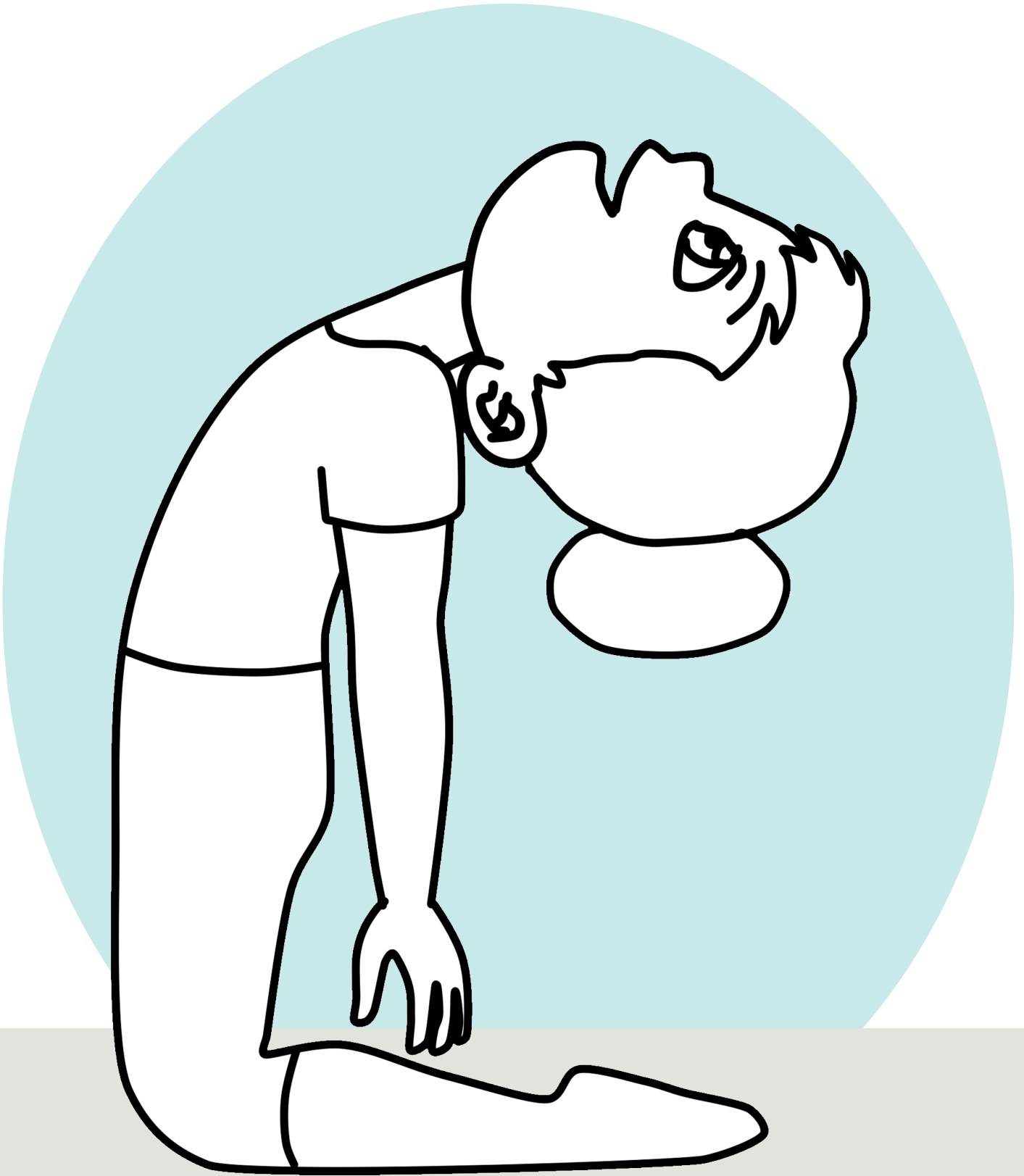
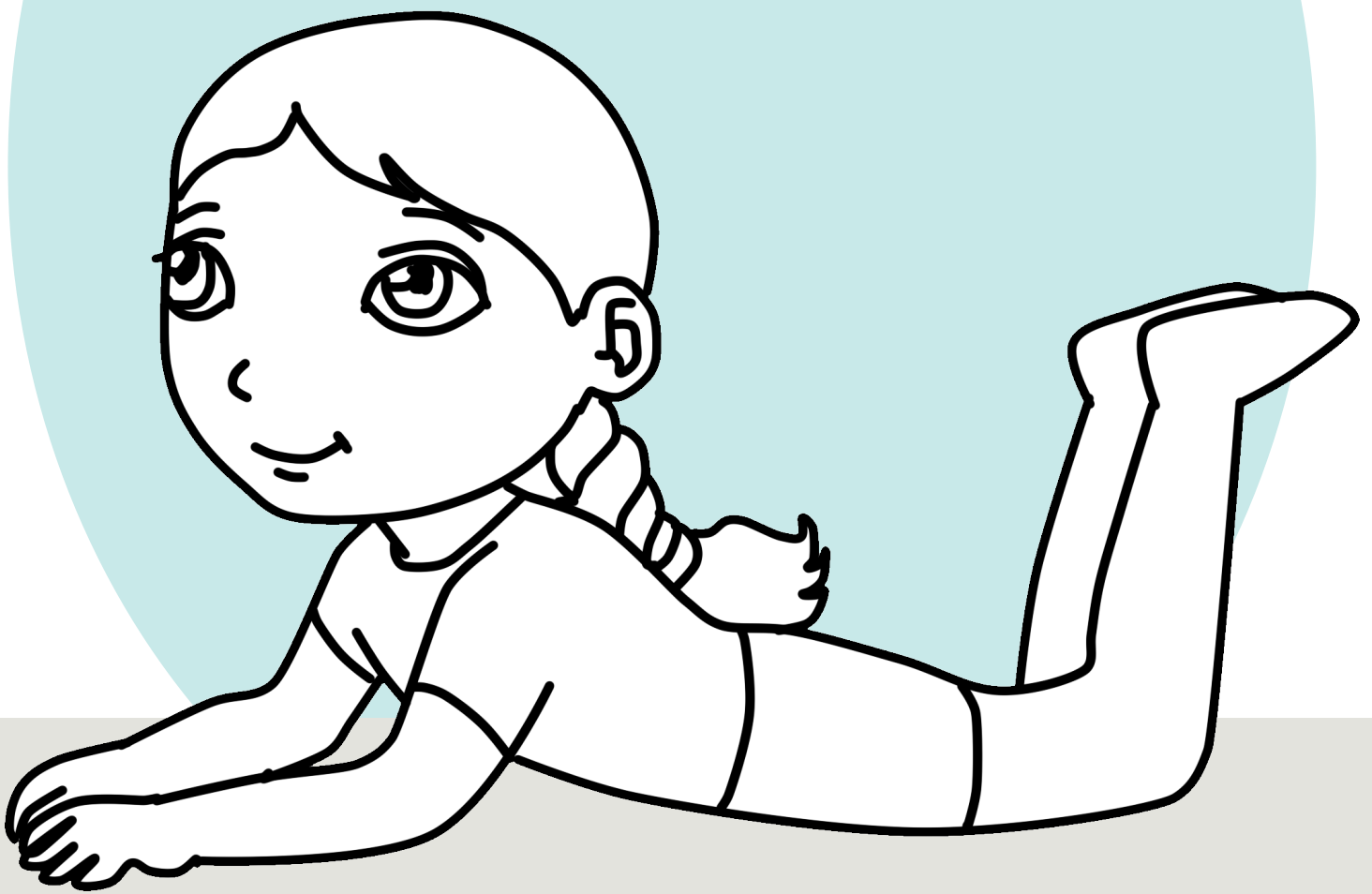


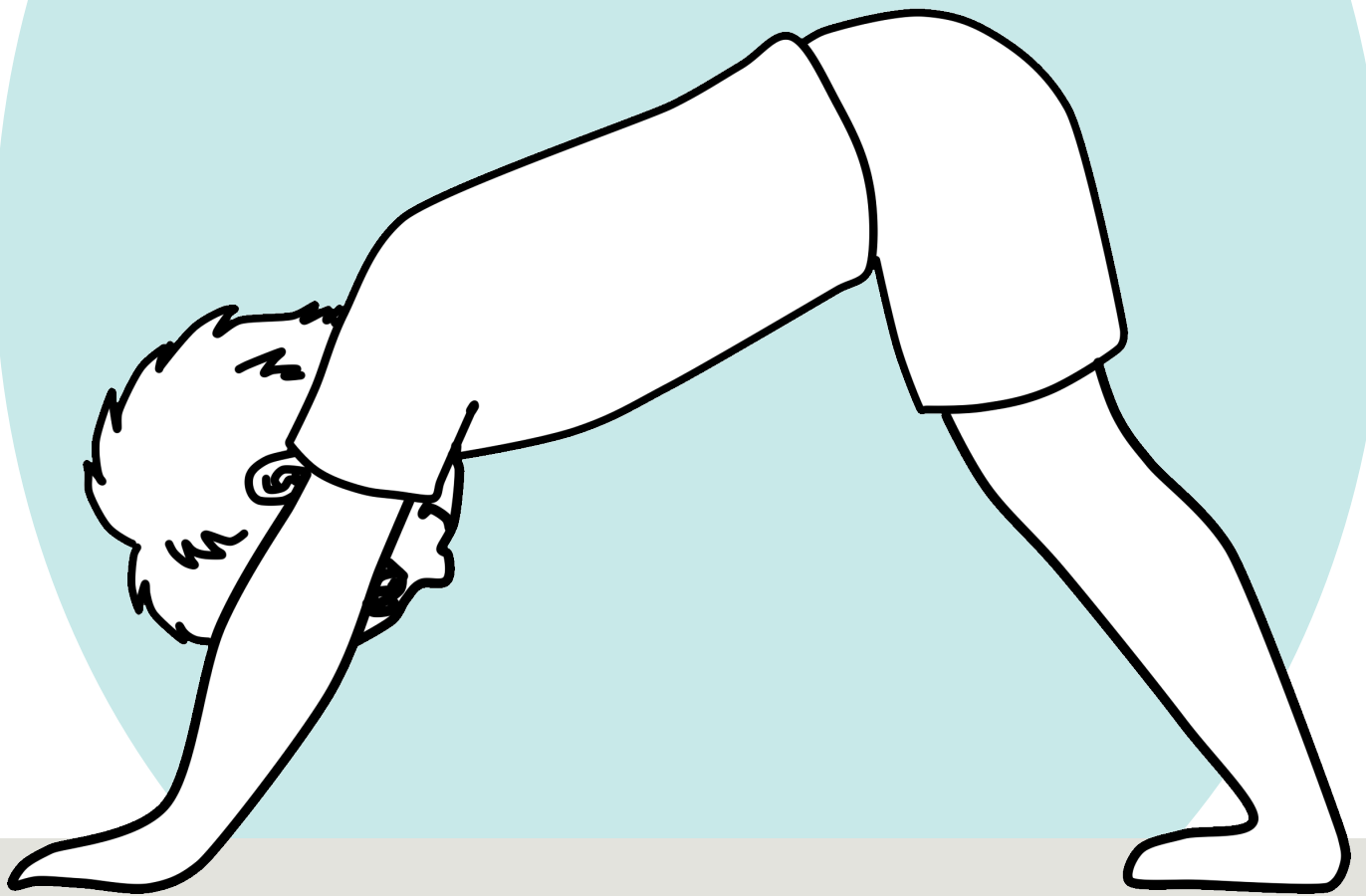
boat pose



camel pose



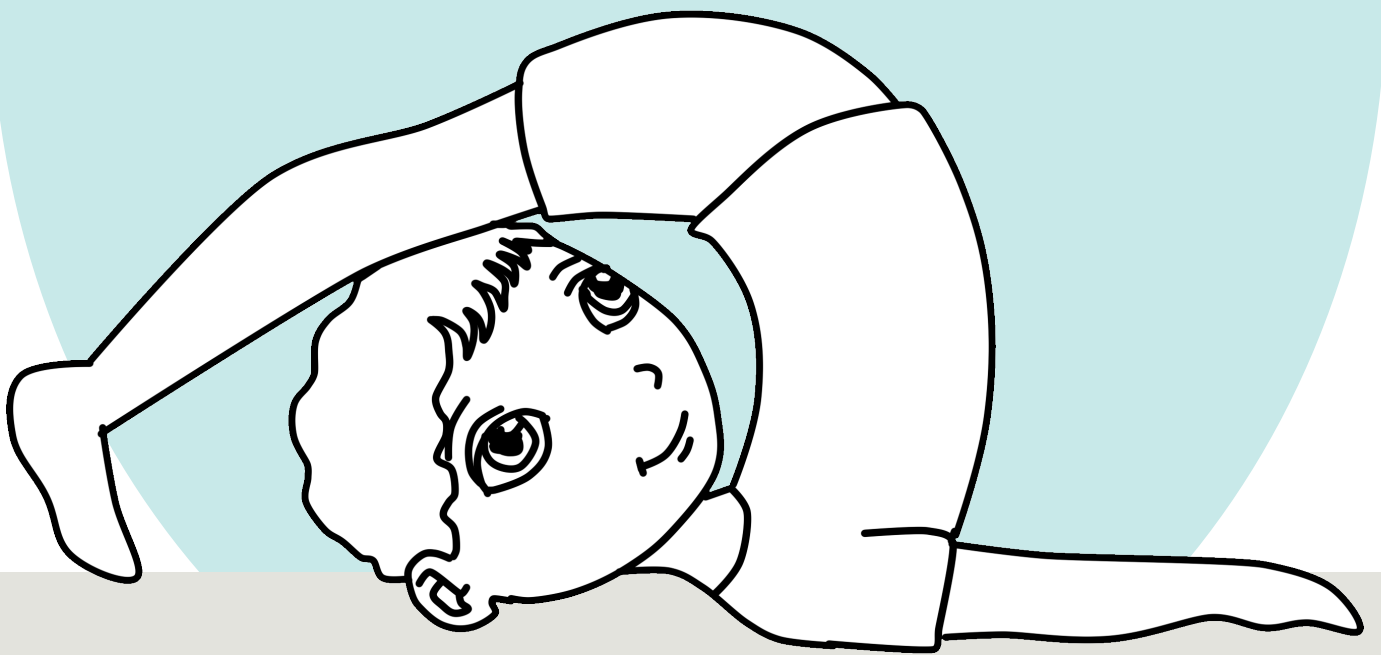
cobra pose



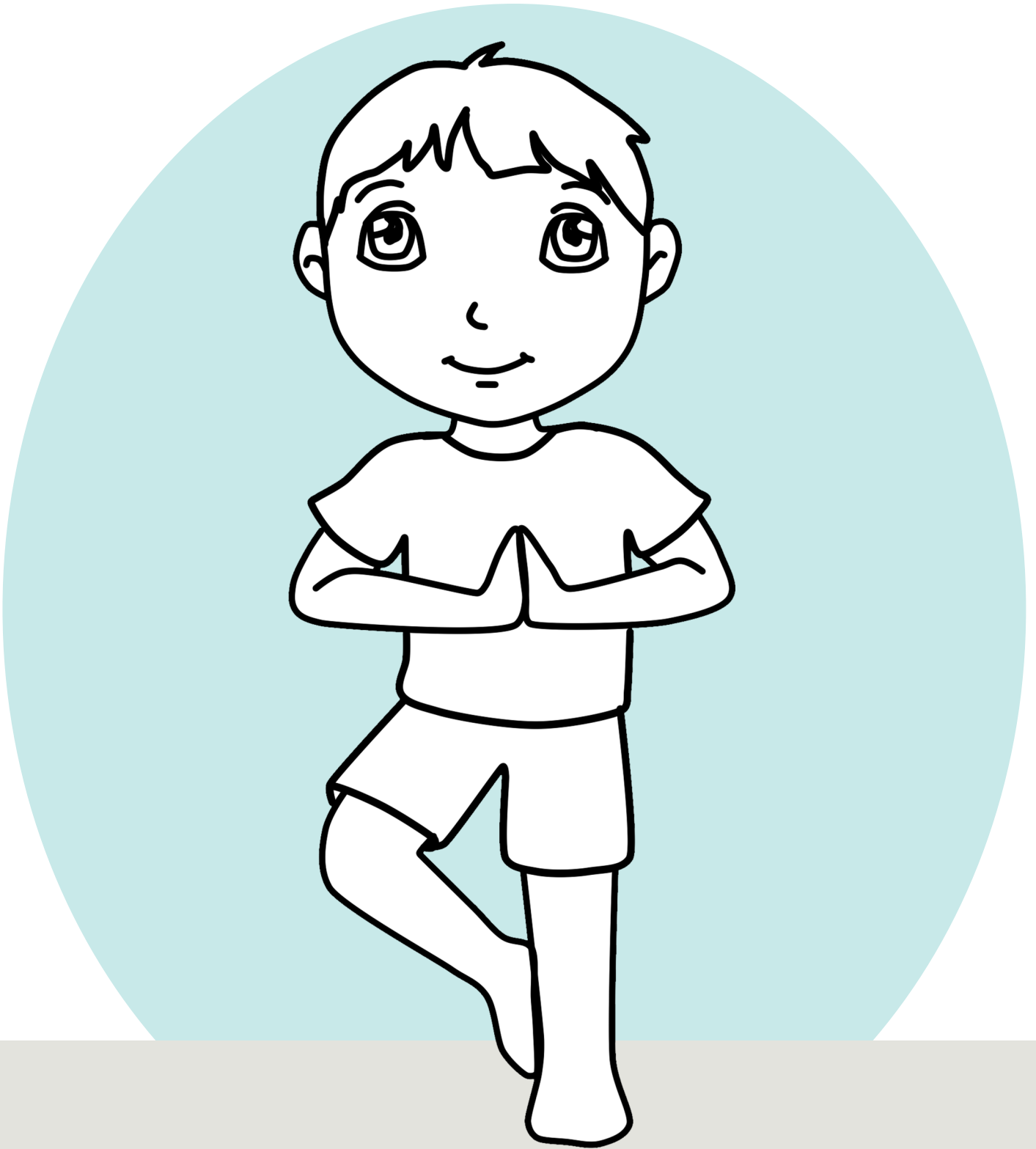
downward dog



mermaid pose



pillow pose



tree pose



triangle pose



easy pose