

# I Can...

Discover the different ways that you can move your body. Complete the task and put a tick in the box when you do it.

I can stand very still.



I can stand on one leg.

I can slither like a snake.

I can jump as high as I can.



I can curl up into a tiny ball.

I can crawl under a table.



I can hop on one leg.

I can kick a ball.

I can roll a ball.

I can run in a circle.

